

Naučna potvrda

Istraživanja o tehnici Transcendentalne Meditacije

Do danas, objavljeno je više od 380 istraživanja najvišeg naučnog ranga u 160 naučnih časopisa. Ova istraživanja su sprovedena u više od 200 univerzitetskih istraživačkih centara, uključujući Medicinsku školu univerziteta Harvard, Medicinsku školu univerziteta Stenford, Medicinsku školu univerziteta Jel, Medicinsku školu UCLA-e i Medicinski koledž Džordžije. Lista koja sledi navodi najčešće citirana istraživanja.

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